



NORTHEAST REGIONAL COALITION OF CAPCS

Strengthening Families & Communities: A Shared Theme for Child Abuse Prevention— In April and Throughout the Year!

The ten Counties of the Northeast Regional Coalition of CAPCs have many differences - in their organizational structures, their funding sources, their size, programs, staffing and more. But there is no question of differences in their commitment to strong families and communities as the front line of defense in the fight against child abuse and maltreatment.

The theme of strengthening families is woven throughout the stories that follow, describing the many prevention activities under way in each

of the Counties. A major strategy to build strong families is to promote “protective factors” - described by DHHS as “attributes that serve as buffers, helping parents



who might otherwise be at risk of abusing their children find the resources, supports, or coping strategies that allow

them to parent effectively, even under stress.”

The Five Protective Factors listed below are shown by research to lower the incidence of child abuse and neglect, and we know that primary prevention efforts save much larger costs of intervention later.

For more on building protective factors, see www.childwelfare.gov/preventing/promoting/ - and read about the Northeast Region’s CAPC activities in the following pages.

By Michele Erickson

Five Protective Factors

that strengthen families, increase their health and wellbeing, and prevent child abuse!

- Nurturing and Attachment
- Knowledge of Parenting and Child/Youth Development
- Parental Resilience
- Social Connections
- Concrete Support for Parents

Inside This Issue:

Lassen County	2
Plumas County	3
Trinity County	4
Colusa County	4
Modoc County	5
Glenn County	5
Siskiyou County	5
Butte County	6
Tehama County	6
Shasta County	7

How to contact your local CAPC agency...

Butte County:	530.899.3318 www.buttechildabuseprevention.org	Plumas County:	530.283.5333 www.plumaschildren.org
Colusa County:	530.458.7678 www.colusacapc.org	Shasta County:	530.241.5816 www.shastacapc.org
Glenn County:	530.934.1457 www.glenncicc.org	Tehama County:	530.528.7941 www.nvcss.org www.preventchildabuse-tehama.org
Lassen County:	530.251.8183 website development in progress	Siskiyou County:	530.926.5127 www.siskiyoucsc.org
Modoc County:	530.233.3111 ext.232 www.teachinc.org	Trinity County:	530.623.8274 www.trinitycounty.org

Lassen County Highlights

Lassen County Public Health Advisory Committee/ Child Abuse Prevention Council is gearing up for April with Child Abuse Prevention Month. We will be sending an April Calendar out to all the Elementary Schools with suggestions of fun simple activities that all parents can do with their child. As well, our big activity for Child Abuse Prevention Month will be the Children's Fair at the Lassen County Fair Grounds. We will have a booth with Child Abuse Prevention information and a fun activity for children to plant sunflower seeds to take home to their garden. Last year this activity was a great success with 725 kids planting seeds at the booth so the PHAC/CAPC voted to repeat the activity for this year.

The PHAC/ CAPC is also working hard to complete preparations for the upcoming

educational event featuring Dr. Bruce Perry June 9th, 2011 in Susanville CA. The registration form has just been finalized and CEU's have been secured for the day with 6 CEU's being offered for RN's, MFT's, and LCSW's. The event will be held in Middleton Hall at Lassen Community College and is sure to be a wonderful educational experience for the community. The Northeast Regional Coalition of CAPC's will be sponsoring this as a Regional event for the Coalition.

The efforts continue with the Perinatal Substance Use Prevention Workgroup which the PHAC/CAPC acts as the oversight committee for. The PSUP Workgroup has made several presentations throughout the community on the Perinatal Substance Use Data collected using the 4 P's Plus Screening and Assessment form. With the recent Lassen County Board of Supervisor's endorsement to the Perinatal Substance Use Prevention

Workgroup project, we have taken the information into the some of the local county school's Health classes to educate the youth of Lassen County on preventing perinatal substance use. The PSUP Workgroup has also completed some county road signs with the Mommy and Me are Alcohol Free poster campaign design to be posted on local county roads in some key visible heavily trafficked areas to get the message out to the community. Overall, the PSUP Workgroup project and Mommy and Me are Alcohol Free media campaign seems to be successful and moving along well.

By Cheryl Damm

Cheryl Damm, Maternal, Child and Adolescent Health Director for Lassen County and the PHAC/CAPC Chair continues to do educational presentations throughout the community on Shaken Baby Syndrome a Preventable Tragedy and SIDS. She recently presented the information to new parents at Northeastern Rural Health Clinics Childbirth Classes.

Upcoming Lassen Events:

June 9 —

Mark your calendar for this upcoming community educational event featuring Dr. Bruce Perry, M.D., Ph.D., "The Impact of Trauma and Neglect on the Developing Child" from 9:00am to 4:00pm at Lassen College in Susanville. For more information, contact Cheryl Damm at cdamm@co.lassen.ca.us

Plumas County Highlights

In February the Children's Council hosted a retreat that included training to teach and practice the World Café Model. Over 40 people, representing 25 different Plumas County agencies and programs attended the training. In the process of practicing the model and moving from table to table we were also able to gather the final information that was needed for the completion of our Council's Logic Model and Strategic Framework. All that while having a great time! The training and technical assistance was provided by Candace Carroll from Strategies, with funding for the meals being provided by First5Plumas.

Because there was such broad participation and support in the county for the Café process, it was decided that we would also use it to gather the information needed for the completion of our System Improvement Plan (SIP). The gathering, our "SIP Café," is held on March 18.

Our Children's Council is receiving grant funding from Strategies to help us continue building our Family Strengthening Network. We will be using this funding to support Family Fun Nights in each of our five communities. The first Fun Night is scheduled for April 1 and the last is scheduled for May 1. Each of the five Family Resource Centers have planned an evening that they think will be a big success in their community. We will utilize the Fun Nights to promote Child Abuse Prevention Month and also as a way to get increased participation and ideas from local families.

In April, in addition to a presentation to the Plumas County Board of Supervisors and the Family Fun Nights, we will be hosting a two-day training on Father Involvement. The first day, Friday, April 29 will be on **Engaging Fathers**. This day is designed for service providers and will be facilitated by Christopher Cassels, M.S.W. The Plumas County Department of Social Services has



made arrangements for the presenter and they will also be providing lunch for those who attend. The second day, Saturday, will be for parents, with an emphasis on Fathers and the importance of their involvement in the parenting of their children. Louie Gomes from Head Start will be facilitating this **Father Engagement** training and the Children's Council will provide a barbecue lunch.

Plumas County has recently finished our Community Self Assessment and is currently putting the final touches on our System Improvement Plan. This process has been helpful in defining the specific roles of Child Welfare, Probation, and Child Abuse Prevention; especially in regard to CAPIT/CBCAP/PSSF funding and services.

By Janine

Upcoming Plumas Events:

April 1- Family Fun Night at each of the five Family Resource Centers.

April 29-30—Father Involvement Training (a two-day event). Day One is designed for service providers and will focus on "Engaging Fathers." Day Two is designed for parents and will emphasize "The importance of fathers involvement in the parenting of their children."

May 1—Family Fun Night at each of the five Family Resource Centers.



Trinity County Highlights

Trinity County will be hosting a booth of information and activities at the Children's Festival to be held on May 7 at Lowden Park in Weaverville. Even though the event is scheduled in early May, it is such a popular event and the most attended event for parents and small children, that it was decided this would be the best opportunity to get out the message to Prevent Child Abuse. During April, we will be sponsoring a coloring contest for local children and the winning entries will be displayed at the Children's Festival.

Calendars for the month of April promoting fun activities that parents can do with their children will be published in Trinity County's newspaper, *The Trinity Journal*. Also, during the month of April, a proclamation designating this month as Child Abuse Prevention Month in Trinity County will be presented at the Board of Supervisors meeting. Finally, the Council will be presenting *Thank You* certificates to the County social workers in appreciation of the work they have done over the past year for the families and children they serve.

By Brenda Brown

Upcoming Trinity Events:

May 7 -

The Children's Festival at Lowden Park in Weaverville. Stop by our booth and enter the children's coloring contest. Winning entries will be displayed at the Festival.

Colusa CAPC Highlights (aka Community Advocates for Parents & Children)

Colusa CAPC awarded these **Family and Community Grants** :

Family Grants: (under \$500): *Burchfield Primary School* for their Book Fair activities, as well as a second grant to bring the author of "Olive the Other Reindeer" to their family literacy event.

Eleanor Azevedo Memorial Fund/ Non Profit to provide a soup dinner for families and (free) raffle tickets for prizes such as dinnerware & cookbooks. *Omega Nu Sorority* for their scholarship awards banquet.

Community Grants:

The Family Action Centers of Colusa County (FACCC) Non Profit to fund an exercise/academic after- school program from February through August 2011. The program, funded by First 5 Colusa, includes healthy snacks, thirty minutes of exercise, and homework assistance at the two Family Action Centers located in Arbuckle and Williams.

In addition, a Social Worker Appreciation luncheon was held on March 25 in recognition of 22 people.

By Caroline Roady

Upcoming Colusa Events:

April 2 to 9 —

Annual Family Fair in conjunction with Western Days, 10:00am to 2:00pm at the Colusa Fairgrounds.

April 6 —

CYC "Caring Youth Count" awards recognizing 30 to 35 youth in the county.

April 11 to 15 —

40 Developmental Assets and a showing of the movie "Celebrate What is Right" for community parents.

Modoc County Highlights

Families Matter

Modoc Child Abuse Prevention Council is gearing up for Child Abuse Prevention Month. We are planning our annual Child Abuse Prevention Walk and Free Dinner to the community on Tuesday, April 26th. We will be honoring several members of the community with the "Putting Children First" awards, as well as honoring the social workers for their valuable contribu-



tions. The CAPC will be doing presentations throughout the county on Child Abuse Prevention and awareness.

By Jessica Fredrick

Upcoming Modoc Events:

April 26-

Child Abuse Prevention Walk & Community Dinner. Admission is free.

May 21-

Community Fair

Glenn County Highlights

Glenn County CICC is busy preparing for the annual Child and Family Fair, to be held Saturday April 9th. The theme is "family fun day" and the event is designed to engage families in interactive activities that one could do with kids at home and also to connect families to services

offered in our county.

300 thank you cards were distributed countywide to partner agencies and schools in observance of child abuse prevention awareness month. A reminder of the 5 protective factors and blue ribbon pins were enclosed.

By Linda Howe-Ram

Upcoming Glenn Events:

April 9-

Child and Family Fair from 10:00 am to 2:00 pm at Willows Memorial Hall.

May 7-

Fatherhood Conference at Orland High School. Admission is free.

Siskiyou County Highlights

Two new board members have recently joined the Siskiyou County CSC: the Sheriff and the Human Services Director for the Karuk tribe.

We have continued and enhance our partnership with Cross Petroleum's convenience stores in our

blue ribbon donation campaign for April.

The CSC has received funding to extend our parenting program through June 2011 and has applied for a new 3-year grant.

By Jill Phillips

Upcoming Siskiyou Events:

Special Child Abuse Prevention Month Activities are planned throughout Siskiyou County.

Please visit

www.siskiyoucsc.org

to view a calendar of events.

Butte County Highlights

The Butte County Child Abuse Prevention Council has been working to increase knowledge around the dangers of exposure to alcohol to a fetus for many years. Our medical sub-committee was an active member of the First Chance Coalition for Alcohol and Drug Free Babies group. This group brought Dr. Ira Chasoff to Butte County in 2003. He gave numerous presentations to the community and medical personnel about the problems from alcohol exposure in utero. From those trainings there was an interest in creating a center in the county that could provide diagnostic services to evaluate children that may have been alcohol exposed. Thus was born the Center for Fetal Alcohol Spectrum Disorders (FASD). The center has diagnosed over 90 children from 2006 to

present. Our Council provides fiscal oversight for the Center.

What is FASD and what do we do? Fetal alcohol includes a variety of symptoms affecting a person's ability to learn, socialize and manage one's behavior. FASD is caused by prenatal alcohol exposure. It is the number one preventable cause of mental retardation. A confirmed diagnosis of fetal alcohol syndrome (FAS/FASD) can help parents, teachers and others manage the difficult behaviors FAS/FASD children may have, and, if treated early can lessen many of the problems that are caused from the effects of alcohol on the fetus.

The Chico Center's program is based on the University of Washington Diagnosis and Prevention Network Clinic. A team approach is used for the diagnosis. Our team is made up of six professionals; Pediatrician, Speech

Pathologist, Center Coordinator, Educational Psychologist, Occupational Therapist/Sensory Integration, and Doctor of Audiology. Because most children/people with FASD have no visible signs of alcohol exposure, their problems may be wrongly blamed on poor parenting or other disorders. Early diagnosis and intervention contribute to improved positive long term outcomes. The Center provides each family with a "Teacher Manual for FASD Children" to be shared with the child's teachers by the family; lending library; web resources; referrals to other services; follow up and a support group. The Center has diagnosed children from surrounding counties. To refer children for evaluation please contact: Marji Thomas (530)894-2092.

By Margje Ruegger

Tehama County Highlights

The Tehama CAPC is in the midst of preparing an awareness campaign for April Child Abuse Prevention Month. Check out our Create a Blue Ribbon Tree event on www.preventchildabuseteahama.org or www.nvcss.org. Use our Tree Registry on the website to tell us about it.

Join us April 1st at the Corning Transportation Center or the Tehama County Courthouse in Red Bluff on April 9th for our Pinwheel Garden. Over 1000 pinwheels will be planted in the gardens symbolizing that every child deserves a safe, nurturing, and happy childhood. Pinwheels will be

planted for a small donation to those who would like to honor a child in their own life. Those pinwheels will have the child's name on it. The donations will be used to establish a scholarship given to a college student majoring in a field related to Child Abuse Prevention. See you in April in Tehama County!

By Lavonne Fanver

Upcoming Tehama Events:

April 1 -

Join us for the Pinwheel Garden Display at the Corning Transportation Center.

April 9-

Pinwheel Garden Display at the Tehama County Courthouse in Red Bluff.

Shasta County Highlights



Shasta CAPC's Parent Leadership Advisory Group (**PLAG**) held its 3rd annual Parent Leadership Mini-Conference on Feb. 22, funded by CAPC, First Five Shasta and CA Dept of Social Services. The 65 participants represented a cross-section of parents, social workers, law enforcement and educators. Presenters included PLAG parents, who spoke of their personal experiences with

CFS and how, through PLAG, they became leaders in advising how to reach families and helping others become the best parents possible.

Guest speaker Todd Richter, MFT intern, addressed Stress Management, and Discipline that Works. Parent Partner, Lluvia Hetrick presented a **Triple P (Power of Positive Parenting)**

seminar. Triple P is one of two new **Evidence Based Practices** recently added to the arsenal of CAPCC's Parent Partners program, along with **Safe Care**. Both are home visiting programs. In addition to implementing the strategies, several Parent Partners have become certified as Triple P presenters and coaches.



For more information see the **California Evidence-Based Clearinghouse for Child Welfare** at www.cebc4cw.org.

By April Carlton

Shasta CAPC Mandated Reporter Trainer

Now Offering CEUs

Shasta CAPC's Mandated Reporter trainer, Ms. Lorie Harris, has been approved by the State Board of Behavioral Sciences to offer continuing education units to licensed clinical social workers, and marriage and family therapists.

Congratulations, Lorie!

Upcoming Shasta Events:

- April 2—** Psych Talk radio interview featuring Rachele Neal, AmeriCorps Project Director
- April 5—** County & City Proclamations
- April 6—** Special recognition of the CFS Intake Social Workers
- April 9—** Family Fun Fest in Anderson River Park, hosted Anderson Partnership for Healthy Children
- April 11 to 17—** Daily activities in recognition of the Week of the Young Child
- April 13—** Open House in recognition of CAPCC Volunteers
- April 13—** Special recognition of the Differential Response Workers
- April 16—** Baby Fashion Show hosted by the Parent Partner Program