

NORTHEAST COALITION

OF CHILD ABUSE PREVENTION COUNCILS

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CHILD ABUSE PREVENTION COUNCILS UNITE!

Since 1999 Child Abuse Prevention Councils in California formed coalitions to bring unity and support to each other. The Northeast (NE) Regional Coalition consists of the ten counties in the Shasta Cascade district: **Butte, Colusa, Glenn, Lassen, Modoc, Plumas, Shasta, Siskiyou, Tehama, and Trinity.**

Meeting monthly, this Coalition works diligently to collaborate with county and state representatives, parents and other relevant agencies to prevent child abuse and bring additional strength to communities.

What's New with the NE Coalition?

Shasta is applying for the Regional Coalition grant award through Office of Child Abuse Prevention (OCAP). This will bring on two OCAP representatives that will provide additional support to the region. In the past, OCAP and Child Abuse Training and Technical Assistance (CATT) provided technical assistance to CAPC's around CA. With the new grant, things will look different and we hope to go

from strength to strength.

We will soon plan for our 2008 Regional Event and 2008 April Activities. We are also strengthening our Re-



gional Child Death Review Team in which a report will be available to the public by December 2007.

REGIONAL EVENT 2007

The annual Regional Event was held June 1st in Plumas County and was successful. Dr. Matthew Johnson talked on *Positive Parenting With a Plan* for professionals and for parents. FMI go to : www.family-rules.com

WHO'S WHO: COALITION CONTACTS

BUTTE: Margie Ruegger, margier@parented.org

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SHASTA



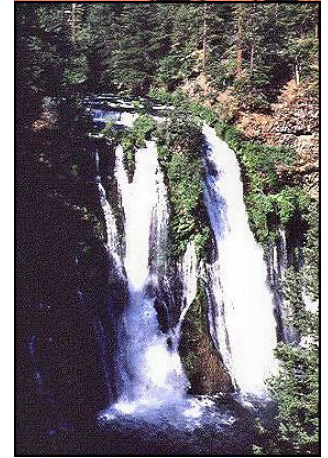
Meeting the needs of our community through collaborative services provided with courteous, efficient professionalism while ensuring public trust. (County Mission).

Shasta CAPC is proud to announce that they received

the National AmeriCorps Grant for recruiting 72 new AmeriCorps members for the next three years. Members will volunteer in Shasta, Trinity and Siskiyou counties. They will serve in schools and other agencies with the primary goal of child abuse prevention. **If you are interested in applying, please fax resume to Rachelle at 530.241.4192.**

April 2007 (Child Abuse Prevention Awareness Month) was successful. Shasta raised over \$1500 in donations, distributed materials to over 200 agencies and participated in events all month long.

Recently, Shasta CAPC was awarded a grant for toys. Mattel donated 400 toys with a cost of \$4500. There have been verbal commitments from other toy and clothing companies as well.



Burney Falls, Shasta County

LASSEN

Located in the northeast portion of the state and the eastern border is the state of Nevada. Though basically a rural area, the county has all types of terrain including open valleys that are mainly agricultural, mountain meadow areas, forested plateaus, and high mountain peaks and ranges. (Lassen facts).

Kids Kamp 2007 is happening right now—a therapeutic prevention and treatment camp for children who have been or are at risk of abuse. The idea behind *Kamp* is to allow the kids to

have fun and to also provide them with tools such as social skills, positive peer relationships, group interaction, and to build confidence and self esteem. They discuss a topic each day such as kindness, courage, honesty, respect, and responsibility. They have the kids participate in sharing about these topics, have a theme song and incorporate the topics through daily activities. A local veterinarian gave a presentation and brought his dog from the local pound and

explained to the kids that the dog had been abused and neglected. He talked about how he has been working with the dog and giving him extra love and care to nurture him and to help him not be afraid and feel loved. *Kamp* has been very successful.

Lassen also recently supported Fetal Alcohol Syndrome (FAS) Awareness Day in which they sported the phrase, "Don't Drink if You're Pregnant" and provided public awareness on FAS.

Nearly 78% of birthing mothers in Shasta County receive early and frequent prenatal care, which leads to healthier babies.
(S.C. Public Health)

GLENN

With over 1,188 farms, agriculture remains the primary source of Glenn's economy. Major commodities include rice, almonds, milk products, prunes and livestock. Glenn County is also rich in cultural events. (Glenn facts).

News from the 8th Annual Child and Family Fair *Celebrate Healthy Living!*:

The children's fair is a free event held each April to increase awareness of child abuse and promote preven-

tion efforts. This year the performances were interactive to encourage families to exercise and eat healthy. Booths represented community services and resources available to Glenn County families. Participants were asked to refrain from handing out sweets throughout the day and instead offered activities that encouraged healthy living. Throughout the day, attendees were offered healthy snacks and

servers carrying fruit baskets never made it through the entire event without returning to the kitchen to fill up again! This annual event is hosted by the Children's Interagency Coordinating Council (CICC), but it would not have been as successful this year without the assistance of Sierra Cascade Regional Network and their local partners! Thank you for your support!



8th Annual Children and Family Fair, Glenn County

BUTTE

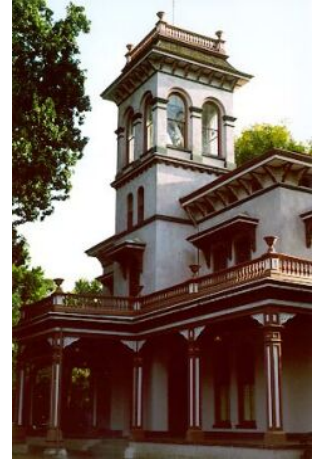
As one of the original 27 California counties, Butte has a rich historical past. Native American lore, pioneer memorabilia, and mining and logging artifacts can be found in a number of local museums. (Butte facts).

In recognition of National Crime Victims' Rights Week April 22-28, 2007 the Child Abuse Prevention Council of Butte County and partner agencies created billboards, bus posters, and a brochure

to inform the public about services available for crime victims of all types in Butte County. The Victims' Services brochure is available in English and Spanish.

Various support groups and service providers created a unique art fence project. This project consists of eight fence panels that *Catalyst*, *Parents of Murdered Children*, and *Esplanade House*

to name a few helped create art to express victims' rights. The fence will be displayed permanently in Martin Luther King Park in South Oroville as a reminder to the community of what our rights truly are. A breakfast was held April 24th in Oroville to honor local advocates who have gone above and beyond the call of duty for victims' rights. Over 100 people were in attendance.



Bidwell Mansion, Butte County

PLUMAS

Located in northeastern California, where the Sierra Nevada and Cascade mountain ranges meet, Plumas County boasts more than 100 lakes, 1,000 miles of rivers and streams with over a million acres of national forest (Plumas facts).

Plumas now has 25 members with three parent participants and 22 others who each represent an agency or program within the county. The collaborative effort of all the local agencies continues to increase and they have been invaluable in helping with recent Council events.

During the month of April, the

Council had weekly articles related to child abuse published in the local newspaper. They held an event called "The Light of Hope" at the courthouse. The event began with music provided by a local Native American drum group, Hum Ku. This was followed by a moving talk by the District Attorney. All those who attended the event stayed to enjoy a healthy lunch that was provided by the Plumas County Health Department.

In May they held the 20th annual Children's Fair. There were activities and through-

out the fair, information about child rearing and available community resources provided to parents.

The Council held a regional training: *Positive Parenting with a Plan* for professionals and for parents. Several agencies plan to follow up with the parents who attended to help them implement the plan. The book *Positive Parenting with a Plan* was purchased by the Family Empowerment Center and was given to all who attended the parenting training.

HOW TO REACH US

Contact us via the web at shastacapc.org under "Regional CAPC's"

TRINITY

Trinity County government shall serve the public with integrity in an effective and efficient manner in order to create and sustain a safe, healthy, and productive environment. (County Mission).

Testimony from AmeriCorps Volunteer, Farrah Bates:

I have been working with two brothers [1st and 3rd graders] who are in foster care. They have severe difficulties controlling their behavior/anger. I take the older

brother into my classroom for math period. He sits at a table and works. Allowing him to verbalize his math and be assured that he is doing the work correctly is all the support he needs. He is a bright boy, but cannot cope with the distractions a classroom presents. When he works with me, he almost always receives an "A." The success he feels carries him through the day with a positive outlook.

The younger brother works with me during reading time. He is also capable of the work, needing quiet time and support. I let him verbalize any questions and have freedom of movement. Both of these boys profit from the support that only 1-on-1 working can allow. They get so excited when they complete their work and realize they are capable.



Trinity Lake, Trinity County

On Fathers and Parenting

There are many ways fathers can be involved in parenting. (Provided by PCA)

Spend as much time with your children as you can.

- Ask them how their day went and tell them about yours.
- Spend time playing, laughing and having fun.
- Show your children you love them with words, hugs, kisses and cuddling.

Get involved with your children's education.

- Visit their day-care center or school.
- Let the teachers know you are interested in your children's education. Ask them to notify you of conferences and events.
- Attend school activities that you can.

- Take an interest in homework. Go ahead and help, but don't do it for them.
- Read to your children and encourage them to read to you. If your reading skills aren't as good as you'd like, now's the time to improve. It will show your children that even parents need to keep learning - and need help from time to time.

If you don't live with your child:

Set up a regular schedule of phone calls and visits. Your child will depend on you to stick to your plan. Coming through for your child builds a sense of trust and security. It makes the bond between you stronger.

Make sure your children are in good health.

Have them exercise and go to regular doctors and dentists visits.

Keep your children safe.

- Childproof your home by locking away dangerous household items, such as cleaners, weapons and medicines.
- Keep your home clean and free of small items (babies might put buttons, coins, etc., in their mouths).
- Install smoke and carbon monoxide detectors. Test them regularly. Replace batteries per the manufacturer's instructions.
- Make sure there is no lead paint in their home or school.
- Post emergency phone numbers near each phone. These include doctor, police, fire, poison control, neighbor or relative.

5 Web Sites EVERY Dad Needs To Know About

1. Newdads.com: A great resource for first-time fathers with specific advice on taking care of your baby or toddler.
2. Keepkidshealthy.com: Resources that will assist you from birth to adolescence, including parenting tips on hot topics such as bed-wetting, discipline, potty training and sleeping habits.
3. Slowlane.com Stay-at-home dads: this site is chock full of online references, resources and networking opportunities.
4. Sportsparenting.org This site is perfect for dads looking to get involved with their children's youth sports activities, addressing both athletic development and character development.
5. Itsmylife.com This site allows you to create a legal *Will* online for a nominal fee.

WEBSITES

FATHERS GET TO BE ROLE MODELS

Fathers of one child to twenty or more get to be people that are looked up to. Here are some good things to keep in mind:

1. Be a good example. Your child(ren) will imitate the things you do.
2. Keep yourself healthy in body and mind.
3. Treat family members with respect.
4. Support your children's mother so that she can be cared for and get the help she needs to be the best mother she can be.
5. Share your experiences with your children so that they can get a sense of your culture and history.
6. **You don't have to be perfect.** It is good for your child to see that you have limitations and make mistakes. This teaches them that it's OK to make mistakes, and to forgive themselves when they do.



Order [The Amazing Spider-Man And Mr. Fantastic on Fatherhood](#) and [Great Beginnings With Your Baby: Your Baby's First Year](#)