



## Northeast Regional Coalition of CAPC's— special projects

The Northeast Regional Coalition of Child Abuse Prevention Councils recently launched a region-wide Shaken Baby Syndrome (SBS) awareness campaign. Counties are teaching their communities about the harm of SBS and helping caretakers create plans for themselves when their babies cry inconsolably. Many counties received training tools through a grant from Office of Child

Abuse Prevention. Tools include SBS simulator dolls, teaching curriculum, DVD's, and materials to hand out to the public.

Glenn County recently purchased baby bibs that stated "fragile; handle with care" in support of SBS awareness. Butte County Coordinator, Margie Ruegger, trained Shasta County in SBS so that they can provide *Train the Trainer* presentations to the

community.

These Child Abuse Prevention Council's (CAPC's) are now strategizing for another year of campaigning this issue.



(SBS Simulator Doll)

### Hard time with your little ones?

#### Try these tips!

- ♥ Give them **choices** that you approve of so that they can learn how to make decisions.
- ♥ Offer **praise** for any job they do. Assign do-able **chores** for them.
- ♥ Tell them "**I love you**" at anytime of the day.
- ♥ Let them express their emotions. Be a good **listener**.

- ♥ **Asking** your child, "is there anything I can do to help you feel better?" can open discussion about their feelings.
- ♥ Make sure **not to label** them with words like stupid, crazy, lazy, unwanted, etc. It may be a joke, but still very hurtful.
- ♥ **Praise words** could include: "Good for you," "you're smart," "that's

very caring of you," "you're a good friend," "good try."

- ♥ When children misbehave, let them know you dislike what they **did** and not who they **are**.
- ♥ **Rewarding** good behavior is more effective than punishing misbehavior. Never punish in anger.
- ♥ Laugh with them!

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#### Shaken Baby Syndrome Trainings

##### Did You Know?

SBS is the leading cause of child abuse deaths? It is usually triggered by inconsolable crying? It is preventable through public awareness and resources?

##### Are your staff/babysitters/friends trained?

Free trainings may be available in your county!

**Call (530) 241-5816 For More Information!**

## County Highlights–Butte

Margie Ruegger, the Coordinator for the Butte County CAPC, trained over 250 school staff on their duties as Mandated Reporters during the past 3 months. She included *Safe from the Start* material on how witnessing violence can affect the development of a baby's brain. An active school teacher is also providing Mandated Reporter Trainings in various locations.

September is Fetal Alcohol Awareness month and the CAPC is educating the community through news paper ads and public service announcements on the radio. They provide materials to the public during the an-

nual health fair held at Feather River Tribal Health.

The biggest cause of death for kids 0-4 in Butte has been drowning. Therefore the county started a Water Watch Program through a Kids' Plates grant and gave out floatation devices and drowning prevention materials. They gave out 98 life vests and several hundred Water Watcher badges to educate on the importance of having a person designated to watch children in and around water. They are also working with local health clubs on drowning prevention and swim schools.

At their annual Butte Children's Fair they gave away 150 blue ribbon bears and resource materials.

On the radio, the Coordinator talked about community social work and her programs such as Kases for Kids, the Shaken Baby Syndrome materials, and drowning prevention materials for additional publicity. The Council participated in an event for Kases for Kids at the City Plaza in August to raise funds for backpacks and duffel bags for children entering foster care or relative placement. This was a collaborative effort with the East Side Community church.

## County Highlights–Shasta

In collaboration with Mental Health, Public Health, Social Services, First 5 and CAPC, they received for a grant through Prevent Institute to do a county-wide plan targeting child abuse prevention. Pooling together these resources will be an extremely valuable asset for the county.

Staff recently received baby/children's clothes donations from the program Kids In Distressed Situations (KIDS). These have been given out to clients of Parent Partners

who have been very thankful to get new clothes. There was also a donation for children's lamps that staff gave out to agencies and the community.

The CAPC has a Parent Leadership Advisory Group (PLAG) which is voluntary and for parents who have been through the CWS system. It is an action oriented group to help other parents that are currently in the system. PLAG hosted an Open House at the CAPC office. They collected

clothes for kids and pregnant moms. They had games there and there was a focus on developmental assets.

The CAPC created a Kids' Day at Safeway where there were games to play outside and BBQ lunches available for donation. Safeway provided staff to BBQ. This also served as a fundraiser for the CAPC.

The annual Anderson Family Fun Fest was a great success this year. They had cultural dance performances and info. booths.

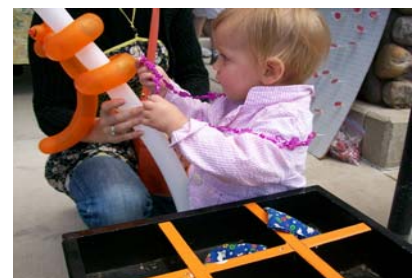
## County Highlights–Siskiyou

The Community Services Council will be further developing the Family Based Relapse Prevention project in partnership with Siskiyou County Human Services and Behavioral Health Services. This is an education program for substance abusing families provided by Family Resource Centers. The Matrix curriculum is utilized. It is an

evidenced-based program.

Through funding from the California Endowment and First 5 regional funding, Dr. Alex Stalcup, MD spent 2 days in Siskiyou County. On September 17, Dr. Stalcup provided presentations to a broad group of community stakeholders and on September 18, topics and discussions

focused on Siskiyou policymakers and medical providers.



(Kids' Day at Safeway)

## County Highlights–Plumas

The annual Plumas County Children’s Fair in June was a success. Staff and volunteers made lunches for all the kids. Cal-Trans brought snow for kids to play in and a fire truck shot out water for kids to play in as well.

Plumas was one of the six counties that chose to receive the Shaken Baby

Syndrome simulator doll and materials. The doll is housed at their local Public Health Department and has been huge success. The CAPC did a demonstration there and now home visitors are using it. Child birth preparation classes are using the doll as well and it has been presented at community events.

### Contact your local CAPC

<b>Regional Coord:</b>	Betty Futrell	241.5816
<b>Butte CAPC:</b>	Margie Ruegger	893.0391
<b>Colusa CAPC:</b>	Bonnie Davies	458.0266
<b>Glenn CAPC:</b>	Robyn Krauss-interim	934.6514
<b>Lassen CAPC:</b>	Cheryl Damm	251.8183
<b>Modoc CAPC:</b>	Jessica Fredrick	233.3111
<b>Plumas CAPC:</b>	Janine	283.5333
<b>Shasta CAPC:</b>	same as Regional Coordinator	
<b>Siskiyou CAPC:</b>	Jill Phillips-McLane	926.5127
<b>Tehama CAPC:</b>	Darla Lawrence	840.0253
<b>Trinity CAPC:</b>	Laurie Sumner	623.8274

## County Highlights–Glenn

The county combined their annual children’s fair with Chamber of Commerce business expo and partnered with community based organizations and businesses this year.

Prior, an art contest was held throughout the county with elementary school students on the theme “celebrate your community”. Each child who entered received a bowling certificate. Winners were chosen in two age categories, and their artwork was used to promote the fair.

Personalized coffee sleeves which stated “it only takes a minute to perk up a child’s life” were given out from the county by local coffee shops in recognition of Foster Care Awareness Month. The county hosted a training on the “Nurturing Parent” program with founder Dr. Bavolek twice. Over 120 professionals and parents were in attendance. Dr. Bavolek was generous of his time and donated many materials to Glenn County in support of their collaborative efforts.

“Hands Are Not For Hitting” events take place in April of each year and the project is a joint effort with the Victim Witness program and Ameri-Corps. Children are encouraged to think of ways that they can use their hands for something other than hitting. Activities include “handprint” paintings, reading to pre-K children to encourage using hands for other ways than hitting, delivering bookmarks and ribbons to community partners and businesses as a reminder that hands are not for hitting.

## Child Death Review Teams: Local, Regional, State

Teams are on local, regional and statewide levels for the purpose of reviewing deaths of those 18 and under for future prevention purposes and for collaboration between agencies that were affiliated with families of these deaths. Through these Child Death Review Teams (CDRT’s) agencies are able to examine SIDS, Shaken Baby Syndrome, vehicular collisions, youth

suicide issues and more and create action items to continue finding solutions.

A Regional Child Death Review Report will be out by December 2008. Between January to June, 21 deaths of children under 19 occurred and/or were reviewed (depending on how each county reports data) within the North East Region. Many of these resulted in action items in which team

members were able to follow through with cases or created press releases on future prevention of various issues: drowning, SIDS, SBS, teen suicide and a teen help line.

Statewide, collaboration is being made between CAPC’s and CDRT’s. For more information on state child death review, go to [www.safestate.org](http://www.safestate.org) or [childdeathreview.org](http://childdeathreview.org).

## Office of Child Abuse Prevention (OCAP)

The annual Parent Leadership Conference will be November 14 at the Holiday Inn Capitol Plaza in Sacramento with key note speaker being Daryl Armstrong. A call for speakers recently went out for additional speakers as well. Scholarships for parents may be available. Call (800) 858-7743.

The annual Child Abuse

Prevention Summit is scheduled for February 23-24 at the Weston Long Beach Hotel. There is currently a subcommittee working on topics for the Summit. Contact (530) 241-5816 x. 210 for more information on this.

OCAP funds/ coordinates local services that help families and administers state and fed. grants.

## Prevent Child Abuse-CA (PCA-CA)

Buy Flowers from FTD and help children blossom! Prevent Child Abuse will receive 15% of proceeds from FTD.com. Visit [www.PCA-CA.org](http://www.PCA-CA.org).

Workshops available through PCA-CA for the fiscal year include Conflict Resolution, Professional Boundaries & Confidentiality, Cultural Awareness, and Child

Development & Parent Child Interaction. Workshops available throughout the state and a calendar of locations is available on their website.

The Regional Coordinator attended a national Prevent Child Abuse America conference as well to further collaborate with the nation on child abuse prevention efforts.

## County Highlights-Modoc

Modoc County had three free swim nights during the summer for the community. They had up to 200 people attend and gave out free hotdogs, hamburgers, chips, potato and macaroni salad and water and included water safety information/West Nile information.

The CAPC helped with family communication workshops called Strengthening Families. Three families with children ages 6-11 finished these workshops. Another 15 week session of families with children ages

12-17 is occurring and 11 families are participating.

They have a new parent educator in Modoc, Candace Deaton, teaching Nurturing Parenting and Love and Logic.

The Modoc Children's Fair in May was a western theme this year and was a great success.

The Juvenile Justice and Delinquency Prevention group gave money to the CAPC for SBS materials and wanted a presentation of the doll.

Appreciation mentions and certificates of community involvement were given to CPS workers in April at the Child Abuse Prevention Month walk/dinner event. One teacher was presented with the "Putting Children First" award.

A childcare/playroom was built to provide a location for one-on-one hands on parenting as well as another neutral location for visits between parents and children involved in the child welfare system.

## Regional Event in Review

Each year the Northeast Regional Coalition of CAPC's holds a regional event. This year, the event was in Chico, Butte County on *Engaging Men: The Importance of Positive Male Role Models in Children's Lives* in June. Topics included the Value of Men in Children's Lives by Rick Crawley, Men, Infants and Children by Tom Grayson, planning

for the upcoming Fatherhood Conference, Fatherhood Competency by Rick Crawley and more. There were over 50 attendees and information was well received.

Information for the Regional Event 08/09 year coming soon!

